# Extremal Homogeneous Polynomials on Real Normed Spaces 

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If $P$ is a continuous $m$-homogeneous polynomial on a real normed space and $\check{P}$ is the associated symmetric $m$-linear form, the ratio $\|\check{P}\| /\|P\|$ always lies between 1 and $m^{m} / m!$. We show that, as in the complex case investigated by Sarantopoulos (1987, Proc. Amer. Math. Soc. 99, 340-346), there are P's for which $\|\check{P}\| /\|P\|=$ $m^{m} / m!$ and for which $\check{P}$ achieves norm if and only if the normed space contains an isometric copy of $\ell_{1}^{m}$. However, unlike the complex case, we find a plentiful supply of such polynomials provided $m \geqslant 4$. © 1999 Academic Press

## 1. INTRODUCTION AND NOTATION

Let $E$ be a vector space over $K$, where $K=\mathbb{R}$ or $\mathbb{C}$. A mapping $P: E \rightarrow K$ is said to be an m-homogeneous polynomial on $E$ if $P(s \mathbf{x}+t \mathbf{y})$ is an $m$-homogeneous polynomial (in the algebraic sense) in $s, t \in K$ for arbitrary fixed $\mathbf{x}, \mathbf{y}$ in $E$. It follows easily that, for any $k \geqslant 2, P\left(t_{1} \mathbf{x}_{1}+\cdots+t_{k} \mathbf{x}_{k}\right)$ is an $m$-homogeneous polynomial (in the algebraic sense) in $t_{1}, \ldots, t_{k} \in K$ for arbitrary fixed $\mathbf{x}_{1}, \ldots, \mathbf{x}_{k} \in E$. Consequently, for a finite-dimensional vector

[^0]space $E$, this abstract definition of an $m$-homogeneous polynomial coincides with the usual algebraic definition.

As shown in Hörmander [3, Lemma 1] (see also [2]), to each $m$-homogeneous polynomial $P$ on $E$ there corresponds a unique symmetric $m$-linear form $\check{P}$ on $E$ such that $\check{P}(\mathbf{x}, \ldots, \mathbf{x})=P(\mathbf{x})$. The map $\check{P}$ has a variety of common names, including the $m$ th polar of $P$, the polarized form of $P$, and the blossom of $P$. It is defined by

$$
\check{P}\left(\mathbf{x}_{1}, \ldots, \mathbf{x}_{m}\right):=\frac{1}{m!} \frac{\partial^{m}}{\partial t_{1} \cdots \partial t_{m}} P\left(t_{1} \mathbf{x}_{1}+\cdots+t_{m} \mathbf{x}_{m}\right) .
$$

From this it is easy to see that $\check{P}\left(\mathbf{x}_{1}, \ldots, \mathbf{x}_{m}\right)$ is $1 / m!$ times the coefficient of $t_{1} \cdots t_{m}$ in the expansion of $P\left(t_{1} \mathbf{x}_{1}+\cdots+t_{m} \mathbf{x}_{m}\right)$ as a polynomial in $t_{1}, \ldots, t_{m} \in K$. In particular, if $E=K^{n}$ the definition of $\check{P}$ agrees with another standard one involving derivatives, namely

$$
\check{P}\left(\mathbf{x}_{1}, \ldots, \mathbf{x}_{m}\right):=\frac{1}{m!}\left(\prod_{i=1}^{m} \sum_{j=1}^{n} x_{i j} \frac{\partial}{\partial x_{j}}\right) P(\mathbf{x}),
$$

where $\mathbf{x}=\left(x_{1}, \ldots, x_{n}\right)$ and $\mathbf{x}_{i}=\left(x_{i 1}, \ldots, x_{i n}\right)(1 \leqslant i \leqslant m)$. (Note that the right-hand side is independent of $\mathbf{x}$.) In fact, it is easy to check that $\check{P}$ is symmetric and linear in each variable separately. Euler's identity for homogeneous polynomials can be used to show that $\check{P}(\mathbf{x}, \ldots, \mathbf{x})=P(\mathbf{x})$.

If E is a normed space, then $P$ is continuous if and only if $\check{P}$ is continuous. We define multilinear and polynomial norms by

$$
\begin{aligned}
& \|\check{P}\|=\sup \left\{\left|\check{P}\left(\mathbf{x}_{1}, \ldots, \mathbf{x}_{m}\right)\right|:\left\|\mathbf{x}_{i}\right\| \leqslant 1,1 \leqslant i \leqslant m\right\} ; \\
& \|P\|=\sup \{|P(\mathbf{x})|:\|\mathbf{x}\| \leqslant 1\} .
\end{aligned}
$$

These norms are equivalent, and Martin [5] proved that

$$
\|P\| \leqslant\|\check{P}\| \leqslant \frac{m^{m}}{m!}\|P\|
$$

for every continuous $m$-homogeneous polynomial $P$ on $E$. A standard reference is [1, p.5].

We recall an example, due to Nachbin, which shows that equality can be achieved on the right-hand side. Let $\ell_{1}^{m}$ be the space $\mathbb{R}^{m}$ with the norm

$$
\|\mathbf{x}\|:=\left|x_{1}\right|+\cdots+\left|x_{m}\right|
$$

where $\mathbf{x}=\left(x_{1}, \ldots, x_{m}\right)$. Define the $m$-homogeneous Nachbin polynomial $N$ on $\ell_{1}^{m}$ by

$$
N(\mathbf{x}):=x_{1} \cdots x_{m} .
$$

Then

$$
\check{N}\left(\mathbf{x}_{1}, \ldots, \mathbf{x}_{m}\right)=\frac{1}{m!} \sum_{\sigma \in S_{m}} x_{\sigma(1) 1} \cdots x_{\sigma(m) m},
$$

where $\mathbf{x}_{i}=\left(x_{i 1}, \ldots, x_{i m}\right)$ for $1 \leqslant i \leqslant m$ and where $S_{m}$ is the set of permutations of the first $m$ natural numbers. It is not difficult to see [1, p. 6] that

$$
\|\check{N}\|=\frac{1}{m!} \quad \text { and } \quad\|N\|=\frac{1}{m^{m}} .
$$

The object of this paper is to study which $m$-homogeneous polynomials share the extremal properties of $N$.

Definition. If $E$ is a real normed space and $P$ is a continuous $m$-homogeneous polynomial on $E$, we say that $P$ is extremal if
(i) $\|\check{P}\|=\left(m^{m} / m!\right) \cdot\|P\|$ and
(ii) there exist $\mathbf{x}_{1}, \ldots, \mathbf{x}_{m}$ in the unit sphere of $E$ with $\|\check{P}\|=\check{P}\left(\mathbf{x}_{1}, \ldots, \mathbf{x}_{m}\right)$.

Note that $N$ automatically has property (ii). The unit sphere of $\ell_{1}^{m}$ is compact.

Sarantopoulos [7] investigated extremal polynomials on complex normed spaces. A useful tool for him was the complex normed space version of the following reduction lemma. The proof for real normed spaces requires only slight changes to Sarantopoulos' argument.

Theorem 1 (Reduction Lemma). Suppose $P$ is an extremal m-homogeneous polynomial on a real normed space $E$ and

$$
\|\check{P}\|=\check{P}\left(\mathbf{x}_{1}, \ldots, \mathbf{x}_{m}\right),
$$

where $\mathbf{x}_{1}, \ldots, \mathbf{x}_{m}$ are in the unit sphere of $E$. Then for every m-tuple $\left(a_{1}, \ldots, a_{m}\right)$ of real numbers we have

$$
\left\|a_{1} \mathbf{x}_{1}+\cdots+a_{m} \mathbf{x}_{m}\right\|=\left|a_{1}\right|+\cdots+\left|a_{m}\right| .
$$

(Thus $\operatorname{span}\left\{\mathbf{x}_{1}, \ldots, \mathbf{x}_{m}\right\} \subseteq E$ is isometrically isomorphic to $\ell_{1}^{m}$, and the isomorphism maps $\left\{\mathbf{x}_{1}, \ldots, \mathbf{x}_{m}\right\}$ to the standard unit vector basis of $\ell_{1}^{m}$. .)

Sarantopoulos showed that if $P$ is an extremal $m$-homogeneous polynomial on a complex normed space $E$, then the restriction of $P$ to the isometric copy of $\ell_{1}^{m}$ found in the complex version of Theorem 1 is just a
multiple of Nachbin's polynomial of degree $m$. In particular, the only extremal $m$-homogeneous polynomials on complex $\ell_{1}^{m}$ are the multiples of Nachbin's polynomial. However, although Theorem 1 is valid for real or complex normed spaces, we shall show that, when $m \geqslant 4$, the multiples of Nachbin's polynomials are not the only extremal polynomials on real $\ell_{1}^{m}$.

To give an idea of why there is a difference between the real and complex cases, we consider the Bochnak complexification $\widetilde{E}=E \widehat{\otimes} \ell_{2}^{2}$ of a real normed space $E$. (See [4] or [6] for an extended discussion of complexifications of real normed spaces.) The norm on $\tilde{E}$ is given by

$$
\|t\|_{\tilde{E}}:=\inf \left\{\Sigma_{k}\left\|x_{k}\right\|_{E}\left\|y_{k}\right\|_{e_{2}^{2}}: t=\Sigma_{k} x_{k} \otimes y_{k}\right\} .
$$

In our context, it is important to note that the Bochnak complexification of any real $L_{1}(\mu)$ is the corresponding complex $L_{1}(\mu)$.

Each continuous $m$-homogeneous polynomial $P$ on $E$ has a unique extension $\widetilde{P}$ which is a continuous $m$-homogeneous polynomial on $\widetilde{E}$. Moreover, if we write $L=\check{P}$, then $\|\tilde{L}\|=\|L\|$, where $\tilde{L}$ is the unique extension of $L$, but in general we can only say that $\|\widetilde{P}\| \geqslant\|P\|$.

Now, if $\|\widetilde{P}\|$ is extremal, then

$$
\|L\|=\|\tilde{L}\|=\frac{m^{m}}{m!}\|\tilde{P}\| \geqslant \frac{m^{m}}{m!}\|P\|
$$

and so $P$ is extremal on $E$. The converse is not generally true. However, the converse is true when $m=2$, because $\|P\|=\|\widetilde{P}\|$ for any 2-homogeneous polynomial $P$ on any real normed space. (See the comments after Proposition 20 in [6].) It follows from all this that the only extremal 2-homogeneous polynomials on either real or complex $\ell_{1}^{2}$ are the multiples of Nachbin's polynomial of degree 2.

In this paper we show, by completely different methods, that it is also true that the only extremal 3 -homogeneous polynomials on $\ell_{1}^{3}$ are the multiples of Nachbin's polynomial of degree 3, but that this analogy with the complex case breaks down for extremal $m$-homogeneous polynomials on real $\ell_{1}^{m}$ for every $m \geqslant 4$. In this case, we show that the supply of extremal $m$-homogeneous polynomials is much larger than before, and suitable perturbations of Nachbin's example remain extremal.

## 2. NORMALIZED EXTREMAL POLYNOMIALS

Clearly, any multiple of an extremal $m$-homogeneous polynomial $P$ on a real normed space $E$ is still extremal, and the importance of the Nachbin polynomials in the complex case prompts us to assume from now on that
$\|\check{P}\|=1 / m!$ and $\|P\|=m^{-m}$. In view of the Reduction Lemma, we shall further restrict attention to the situation where $P$ is an $m$-homogeneous polynomial on $\ell_{1}^{m}$. This enables us to compute the norm of the associated symmetric $m$-linear form with ease:

$$
\begin{equation*}
\|\check{P}\|=\max \left\{\left|\check{P}\left(\mathbf{e}_{k_{1}}, \ldots, \mathbf{e}_{k_{m}}\right)\right|: 1 \leqslant k_{1}, \ldots, k_{m} \leqslant m\right\} \tag{*}
\end{equation*}
$$

where $\left\{\mathbf{e}_{1}, \ldots, \mathbf{e}_{m}\right\}$ is the standard unit vector basis of $\ell_{1}^{m}$. Referring one more time to the Reduction Lemma, the fact that $1 / m!=\|\check{P}\|=\check{P}\left(\mathbf{e}_{1}, \ldots, \mathbf{e}_{m}\right)$ constrains $P$ to have the form

$$
P(\mathbf{x})=x_{1} \cdots x_{m}+\sum a_{k_{1} \cdots k_{m}} x_{1}^{k_{1}} \cdots x_{m}^{k_{m}}
$$

where $\mathbf{x}=\left(x_{1}, \ldots, x_{m}\right)$ and the summation is over all $\left(k_{1}, \ldots, k_{m}\right)$ with at least one $k_{i}$ greater than 1 . In view of all this, a definition is called for.

Definition. An $m$-homogeneous polynomial $P$ on $\ell_{1}^{m}$ is normalized extremal if
(i) $P(\mathbf{x})=x_{1} \cdots x_{m}+E(\mathbf{x})$, where $\mathbf{x}=\left(x_{1}, \ldots, x_{m}\right)$ and the terms in $E(\mathbf{x})$ have at least one variable raised to a power greater than 1 ,

$$
\begin{equation*}
\|P\|=m^{-m}, \tag{ii}
\end{equation*}
$$

(iii) $\|\check{P}\|=1 / m$ !.

We write $\mathscr{E}_{m}$ for the set of all normalized extremal $m$-homogeneous polynomials on $\ell_{1}^{m}$.

It will be important for us to have detailed knowledge of the behaviour of normalized extremal $m$-homogeneous polynomials at the points where they attain norm.

Theorem 2. Let $P \in \mathscr{E}_{m}$ and let $\boldsymbol{\varepsilon}=\left(\varepsilon_{1}, \ldots, \varepsilon_{m}\right)$ with each $\varepsilon_{i}= \pm 1$. Then
(a) $P(\boldsymbol{\varepsilon} / m)=\varepsilon_{1} \cdots \varepsilon_{m} / m^{m}$,
(b) $P(\varepsilon / m)=\left(\varepsilon_{i} / m\right) \cdot \partial P / \partial x_{i}(\boldsymbol{\varepsilon} / m)$ for each $1 \leqslant i \leqslant m$, and
(c) $\partial E / \partial x_{i}(\varepsilon / m)=0$ for each $1 \leqslant i \leqslant m$.

Proof. (a) Since $P \in \mathscr{E}_{m}$, it follows from the classical polarization formula (see [1, p. 4]) that

$$
\begin{aligned}
\frac{1}{m!} & =\check{P}\left(\mathbf{e}_{1}, \ldots, \mathbf{e}_{m}\right)=\frac{1}{2^{m} m!} \sum_{\varepsilon_{i}= \pm 1} \varepsilon_{1} \cdots \varepsilon_{m} P\left(\sum_{i=1}^{m} \varepsilon_{i} \mathbf{e}_{i}\right) \leqslant \frac{m^{m}}{2^{m} m!} \sum_{\varepsilon_{i}= \pm 1}|P(\boldsymbol{\varepsilon} / m)| \\
& \leqslant \frac{m^{m}}{2^{m} m!}\|P\| \sum_{\varepsilon_{i}= \pm 1}\|\boldsymbol{\varepsilon} / m\|^{m}=\frac{1}{m!}
\end{aligned}
$$

As all the above inequalities are equalities it follows that $P(\varepsilon / m)=$ $\varepsilon_{1} \cdots \varepsilon_{m} / m^{m}$, as required for (a).

Since $P$ achieves its norm at $\boldsymbol{\varepsilon} / m$ it has a relative extremum at $\boldsymbol{\varepsilon} / m$ when it is subjected to the constraint $g\left(x_{1}, \ldots, x_{m}\right):=\varepsilon_{1} x_{1}+\cdots+\varepsilon_{m} x_{m}-1=0$. The Lagrange multiplier method now tells us that for some real $\lambda$ we have

$$
\frac{\partial P}{\partial x_{i}}(\boldsymbol{\varepsilon} / m)=\lambda \varepsilon_{i} \quad \text { for each } \quad 1 \leqslant i \leqslant m .
$$

When we combine this with Euler's identity $m P=\sum_{i=1}^{m} x_{i} \partial P / \partial x_{i}$, we obtain that $\lambda=m P(\boldsymbol{\varepsilon} / m)$. It follows that

$$
P(\boldsymbol{\varepsilon} / m)=\left(\varepsilon_{i} / m\right) \lambda \varepsilon_{i}=\left(\varepsilon_{i} / m\right) \frac{\partial P}{\partial x_{i}}(\boldsymbol{\varepsilon} / m) \quad \text { for each } \quad 1 \leqslant i \leqslant m,
$$

which proves (b).
Finally, observe that for each $1 \leqslant i \leqslant m, x_{i} \partial P / \partial x_{i}=x_{1} \cdots x_{m}+x_{i} \partial E / \partial x_{i}$, and so when $\mathbf{x}=\boldsymbol{\varepsilon} / m$, parts (a) and (b) combined lead to (c).

Remark. It is part of the definition of an extremal $m$-homogeneous polynomial $P$ on a normed space $E$ that $\check{P}$ achieves its norm. In fact, $P$ also achieves its norm, since if $\|\check{P}\|=\check{P}\left(\mathbf{x}_{1}, \ldots, \mathbf{x}_{m}\right)$, where $\mathbf{x}_{1}, \ldots, \mathbf{x}_{m}$ are in the unit sphere of $E$, then, working as in the proof of Theorem 2(a) it follows that $\left|P\left(\left(\varepsilon_{1} \mathbf{x}_{1}+\cdots+\varepsilon_{m} \mathbf{x}_{m}\right) / m\right)\right|=\|P\|=m^{-m}$, with each $\varepsilon_{i}= \pm 1$. Surprisingly, in [8] a norm attaining $m$-homogeneous polynomial $P$ satisfying $\|\check{P}\|=1 / m!$ and $\|P\|=m^{-m}$ has been constructed on the space $E:=$ $\left(\oplus_{n=m}^{\infty} E_{n}\right)_{\ell_{1}}$, where each $E_{n}$ is a copy of $\ell_{1}^{n}$, distorted in such a way that $\mathscr{P}$ does not attain its norm.

We are grateful to the referee for showing us how to prove the next result, which gives considerable information about the structure of $\mathscr{E}_{m}$.

Theorem 3. If $P \in \mathscr{E}_{m}$, then $P(\mathbf{x})=x_{1} \cdots x_{m}+E(\mathbf{x})$, where $E(\mathbf{x})$ is in the ideal generated by

$$
\left\{\left(x_{1}^{2}-x_{i}^{2}\right)\left(x_{1}^{2}-x_{j}^{2}\right): 1<i \leqslant j \leqslant m\right\} .
$$

Proof. Parts (a) and (c) of Theorem 2 tell us that $E$ and all its first order partial derivatives have value 0 at each of the $2^{m}$ points $\boldsymbol{\varepsilon}=\left(\varepsilon_{1}, \ldots, \varepsilon_{m}\right)$. We will use this information to obtain the desired structure of $E$.

The first step is to notice that we can write

$$
E(\mathbf{x})=\sum_{\delta} x_{1}^{\delta_{1}} \cdots x_{m}^{\delta_{m}} E_{\delta}\left(x_{1}^{2}, \ldots, x_{m}^{2}\right)
$$

where the summation is over $2^{m-1}-1$ possible choices of $\delta \in\{0,1\}^{m}$. (Note that $\delta_{1}+\cdots+\delta_{m}$ must have the same parity as $m$, and so once $\delta_{1}, \ldots, \delta_{m-1}$ are chosen, $\delta_{m}$ is determined. The choice $\delta=(1, \ldots, 1)$ is not permitted.) Notice that each $E_{\delta}$ is a homogeneous polynomial of positive degree.

Next, observe that if $r_{1}, \ldots, r_{m}$ denote the first $m$ Rademacher functions, then for every $0 \leqslant t \leqslant 1$ we have

$$
0=E\left(r_{1}(t), \ldots, r_{m}(t)\right)=\sum_{\delta} r_{1}(t)^{\delta_{1}} \ldots r_{m}(t)^{\delta_{m}} E_{\delta}(1, \ldots, 1)
$$

As distinct Rademacher products are orthonormal, it follows that

$$
E_{\delta}(1, \ldots, 1)=0
$$

for every permissible $\delta \in\{0,1\}^{m}$.
Now, a quick computation shows that for each $1 \leqslant i \leqslant m$ we have

$$
\frac{\partial E}{\partial x_{i}}(\mathbf{x})=\sum_{\delta} \frac{\partial}{\partial x_{i}}\left(x_{1}^{\delta_{1}} \cdots x_{m}^{\delta_{m}}\right) E_{\delta}\left(x_{1}^{2}, \ldots, x_{m}^{2}\right)+2 x_{i} \sum_{\delta} x_{1}^{\delta_{1}} \cdots x_{m}^{\delta_{m}} \frac{\partial E_{\delta}}{\partial x_{i}}\left(x_{1}^{2}, \ldots, x_{m}^{2}\right) .
$$

Consequently, for every $0 \leqslant t \leqslant 1$,

$$
\frac{\partial E}{\partial x_{i}}\left(r_{1}(t), \ldots, r_{m}(t)\right)=2 r_{i}(t) \sum_{\delta} r_{1}(t)^{\delta_{1}} \ldots r_{m}(t)^{\delta_{m}} \frac{\partial E_{\delta}}{\partial x_{i}}(1, \ldots, 1) .
$$

The same argument as before now gives

$$
\frac{\partial E_{\delta}}{\partial x_{i}}(1, \ldots, 1)=0
$$

for every $1 \leqslant i \leqslant m$ and every permissible $\delta \in\{0,1\}^{m}$.
The result is now close. For each permissible $\delta$ define

$$
F_{\delta}\left(y_{1}, \ldots, y_{m}\right):=E_{\delta}\left(y_{1}, y_{1}+y_{2}, \ldots, y_{1}+y_{m}\right) .
$$

By what we have just shown, $F_{\delta}$ is a homogeneous polynomial of positive degree, $d$ say, which vanishes along with all its first partial derivatives at the point $(1,0, \ldots, 0)$. Consequently, it cannot contain terms of the type $y_{1}^{d}$ or $y_{1}^{d-1} y_{i}$ for any $2 \leqslant i \leqslant m$. This allows us to say that $F_{\delta}$ is in the ideal generated by $\left\{y_{i} y_{j}: 2 \leqslant i \leqslant j \leqslant m\right\}$. Translating, we find that each $E_{\delta}\left(x_{1}^{2}, \ldots, x_{m}^{2}\right)$, and hence $E(\mathbf{x})$, is in the announced ideal.

Remark. A close look at the proof of Theorem 3 reveals that $E_{\delta}\left(y_{1}, \ldots, y_{m}\right)$ cannot have degree 1 , and from this it is clear that the only

3-homogeneous normalized extremal on real $\ell_{1}^{3}$ is Nachbin's polynomial. We give a different proof of this in the next section.

One further structural result on $\mathscr{E}_{m}$ is quick to obtain.
Proposition 4. $\mathscr{E}_{m}$ is a convex set.
Proof. Let $P, Q$ be elements of $\mathscr{E}_{m}$ and let $0 \leqslant t \leqslant 1$. Evidently $R:=$ $t P+(1-t) Q$ satisfies (i), and so, thanks to $(*),\|\check{R}\| \geqslant 1 / m$ !. Since $\|\check{R}\| \leqslant$ $t\|\check{P}\|+(1-t)\|\check{Q}\|$, we also have $\|\check{R}\| \leqslant 1 / m$ ! and hence $R$ satisfies (iii). Next, the triangle inequality gives $\|R\| \leqslant m^{-m}$, whereas the fact that $\|\check{R}\| /\|R\| \leqslant m^{m} / m$ ! forces $\|R\| \geqslant m^{-m}$. Hence $R$ satisfies (ii) and we are done.

## 3. THE CASES $\mathscr{E}_{2}$ AND $\mathscr{E}_{3}$

For small values of $m, \mathscr{E}_{m}$ is a very small set—just as in the complex case.
Proposition 5. The Nachbin polynomial $N(\mathbf{x})=x_{1} x_{2}$ is the only element of $\mathscr{E}_{2}$.

Proof. Let $P \in \mathscr{E}_{2}$. Then $P(\mathbf{x})=x_{1} x_{2}+E(\mathbf{x})$, where $E(\mathbf{x})=a x_{1}^{2}+b x_{2}^{2}$. By Theorem 2(c), $0=\partial E / \partial x_{1}=a$ at the point $\left(\frac{1}{2}, \frac{1}{2}\right)$. Similarly $b=0$ and we are done.
$\mathscr{E}_{3}$ is also a singleton, but to prove this it is handy to appeal to a simple lemma whose proof is a direct consequence of the definition of $\mathscr{E}_{m}$.

Lemma 6. Let $P \in \mathscr{E}_{m}$ and for each $1 \leqslant i \leqslant m$ define $P_{i}$ by

$$
P_{i}(\mathbf{x}):=-P\left(x_{1}, \ldots, x_{i-1},-x_{i}, x_{i+1}, \ldots, x_{m}\right)
$$

Then $P_{i} \in \mathscr{E}_{m}$.
Proposition 7. The Nachbin polynomial $N(\mathbf{x})=x_{1} x_{2} x_{3}$ is the only element of $\mathscr{E}_{3}$.

Proof. Let $P \in \mathscr{E}_{3}$. Then

$$
P(\mathbf{x})=x_{1} x_{2} x_{3}+\sum_{1 \leqslant i \leqslant 3} a_{i} x_{i}^{3}+\sum_{1 \leqslant i \neq j \leqslant 3} b_{i j} x_{i} x_{j}^{2} .
$$

By applying Lemma 6 and the convexity of $\mathscr{E}_{3}$ we see that $P^{(1)}:=\frac{1}{2}\left(P+P_{1}\right)$ is also in $\mathscr{E}_{3}$. But $P^{(1)}$ is derived from $P$ by deleting all terms with even powers of $x_{1}$, and so

$$
P^{(1)}(x)=x_{1} x_{2} x_{3}+a_{1} x_{1}^{3}+b_{12} x_{1} x_{2}^{2}+b_{13} x_{1} x_{3}^{2}:=x_{1} x_{2} x_{3}+E^{(1)}(\mathbf{x}) .
$$

Now, using Theorem 2(c), compute successively $\partial E^{(1)} / \partial x_{3}, \partial E^{(1)} / \partial x_{2}$, $\partial E^{(1)} / \partial x_{1}$, at $\left(\frac{1}{3}, \frac{1}{3}, \frac{1}{3}\right)$ to find that $b_{13}=b_{12}=a_{1}=0$.

A similar argument using $P^{(2)}:=\frac{1}{2}\left(P+P_{2}\right)$ and $P^{(3)}:=\frac{1}{2}\left(P+P_{3}\right)$ shows that all $a_{i}$ 's and $b_{i j}$ 's are zero, and so $P(\mathbf{x})=x_{1} x_{2} x_{3}$ as required.

## 4. THE CASES $\mathscr{E}_{m}$ FOR $m \geqslant 4$

The plot thickens when $m=4$.
Theorem 8. All $P \in \mathscr{E}_{4}$ have the form

$$
P(\mathbf{x})=x_{1} x_{2} x_{3} x_{4}+\sum_{1 \leqslant i<j \leqslant 4} \gamma_{i j}\left(x_{i}^{2}-x_{j}^{2}\right)^{2} .
$$

Proof. If $P \in \mathscr{E}_{4}$ then

$$
\begin{aligned}
P(\mathbf{x})= & x_{1} x_{2} x_{3} x_{4}+\sum_{1 \leqslant i \leqslant 4} a_{i} x_{i}^{4}+\sum_{1 \leqslant i \neq j \leqslant 4} b_{i j} x_{i} x_{j}^{3} \\
& +\sum_{1 \leqslant i<j \leqslant 4} c_{i j} x_{i}^{2} x_{j}^{2}+\sum d_{i j k} x_{i}^{2} x_{j} x_{k},
\end{aligned}
$$

where the final sum is taken over all triples $(i, j, k)$ with $1 \leqslant j<k \leqslant 4$, $1 \leqslant i \leqslant 4$ and neither $i=j$ nor $i=k$.

Apply Lemma 6 and the convexity of $\mathscr{E}_{4}$ twice: first $P^{(1)}:=\frac{1}{2}\left(P+P_{1}\right) \in \mathscr{E}_{4}$ and then $P^{(1)(2)}:=\frac{1}{2}\left(P^{(1)}+\left(P^{(1)}\right)_{2}\right) \in \mathscr{E}_{4}$. Now $P^{(1)(2)}$ is obtained from $P$ by deleting all terms except those in which the powers of $x_{1}, x_{2}$ are both odd. Thus

$$
\begin{aligned}
P^{(1)(2)}(\mathbf{x}) & =x_{1} x_{2} x_{3} x_{4}+b_{12} x_{1} x_{2}^{3}+b_{21} x_{2} x_{1}^{3}+d_{312} x_{3}^{2} x_{1} x_{2}+d_{412} x_{4}^{2} x_{1} x_{2} \\
& :=x_{1} x_{2} x_{3} x_{4}+E^{(1)(2)}(\mathbf{x}) .
\end{aligned}
$$

We apply Theorem 2(c) to this polynomial. Evaluating $\partial E^{(1)(2)} / \partial x_{3}$ and $\partial E^{(1)(2)} / \partial x_{4}$ at $\left(\frac{1}{4}, \frac{1}{4}, \frac{1}{4}, \frac{1}{4}\right)$ gives $d_{312}=d_{412}=0$. Next, computing $\partial E^{(1)(2)} / \partial x_{1}$ and $\partial E^{(1)(2)} / \partial x_{2}$ at the same point gives

$$
b_{12}+3 b_{21}=0 ; \quad 3 b_{12}+b_{21}=0 .
$$

Consequently $b_{12}=b_{21}=0$.
A similar argument shows that every $b_{i j}$ and $d_{i j k}$ is 0 , and so

$$
P(\mathbf{x})=x_{1} x_{2} x_{3} x_{4}+\sum_{1 \leqslant i \leqslant 4} a_{i} x_{i}^{4}+\sum_{1 \leqslant i<j \leqslant 4} c_{i j} x_{i}^{2} x_{j}^{2}=x_{1} x_{2} x_{3} x_{4}+E(\mathbf{x}) .
$$

The usual routine with $\partial E / \partial x_{i}$ evaluated at $\left(\frac{1}{4}, \frac{1}{4}, \frac{1}{4}, \frac{1}{4}\right)$ for each $1 \leqslant i \leqslant 4$ gives

$$
\begin{aligned}
& 2 a_{1}+c_{12}+c_{13}+c_{14}=0 \\
& 2 a_{2}+c_{12}+c_{23}+c_{24}=0 \\
& 2 a_{3}+c_{13}+c_{23}+c_{34}=0 \\
& 2 a_{4}+c_{14}+c_{24}+c_{34}=0 .
\end{aligned}
$$

A moment's thought leads to the conclusion that

$$
P(\mathbf{x})=x_{1} x_{2} x_{3} x_{4}+\sum_{1 \leqslant i<j \leqslant 4} \gamma_{i j}\left(x_{i}^{2}-x_{j}^{2}\right)^{2}
$$

with $\gamma_{i j}=-\frac{1}{2} c_{i j}$.
Although we cannot give a complete description of $\mathscr{E}_{4}$, we can say that all small perturbations of the Nachbin polynomial $N(\mathbf{x})=x_{1} x_{2} x_{3} x_{4}$ of the type described in Theorem 8 will be normalized extremals.

Theorem 9. Let $|a| \leqslant 4^{-4}$ and $|b| \leqslant 4^{-4}$. Then

$$
P(\mathbf{x})=x_{1} x_{2} x_{3} x_{4}+a\left(x_{1}^{2}-x_{2}^{2}\right)^{2}+b\left(x_{3}^{2}-x_{4}^{2}\right)^{2}
$$

is a polynomial in $\mathscr{E}_{4}$.
Corollary 10. If $\left|\gamma_{i j}\right| \leqslant \frac{1}{3} \cdot 4^{-4}$ for each $1 \leqslant i<j \leqslant 4$, then

$$
P(\mathbf{x})=x_{1} x_{2} x_{3} x_{4}+\sum_{1 \leqslant i<j \leqslant 4} \gamma_{i j}\left(x_{i}^{2}-x_{j}^{2}\right)^{2}
$$

is a polynomial in $\mathscr{E}_{4}$.
The corollary follows from the theorem by the convexity of $\mathscr{E}_{4}$.
Proof of Theorem 9. The polynomial described clearly satisfies (i) and (iii) of the definition of $\mathscr{E}_{4}$, and $P\left(\frac{1}{4}, \frac{1}{4}, \frac{1}{4}, \frac{1}{4}\right)=4^{-4}$. So we just have to show that $|P(\mathbf{x})| \leqslant 4^{-4}$ whenever $\left|x_{1}\right|+\left|x_{2}\right|+\left|x_{3}\right|+\left|x_{4}\right|=1$. In fact, since we are placing no restriction on the signs of $a, b$ it is enough to show that $|P(\mathbf{x})| \leqslant 4^{-4}$ whenever $x_{1}+x_{2}+x_{3}+x_{4}=1$ and $x_{i} \geqslant 0(1 \leqslant i \leqslant 4)$.

On the boundary of this region, at least one of the $x_{i}$ 's is zero and so

$$
\begin{aligned}
|P(\mathbf{x})| & =\left|a\left(x_{1}^{2}-x_{2}^{2}\right)^{2}+b\left(x_{3}^{2}-x_{4}^{2}\right)^{2}\right| \leqslant|a| \max \left(x_{1}^{4}, x_{2}^{4}\right)+|b| \max \left(x_{3}^{4}, x_{4}^{4}\right) \\
& \leqslant 4^{-4}\left(\max \left(x_{1}, x_{2}\right)+\max \left(x_{3}, x_{4}\right)\right) \leqslant 4^{-4} .
\end{aligned}
$$

Consequently we can focus our attention on the local extrema of $P(\mathbf{x})$ subject to the condition $x_{1}+x_{2}+x_{3}+x_{4}=1$ and $x_{i}>0(1 \leqslant i \leqslant 4)$. The Lagrange multiplier method shows that at local maxima or minima of $P(\mathbf{x})$ under the constraint $x_{1}+x_{2}+x_{3}+x_{4}=1$, there is a $\lambda$ for which

$$
\begin{aligned}
& \frac{\partial P}{\partial x_{1}}=x_{2} x_{3} x_{4}+4 a x_{1}\left(x_{1}^{2}-x_{2}^{2}\right)=\lambda \\
& \frac{\partial P}{\partial x_{2}}=x_{1} x_{3} x_{4}-4 a x_{2}\left(x_{1}^{2}-x_{2}^{2}\right)=\lambda
\end{aligned}
$$

Subtracting, we get

$$
\left(x_{1}-x_{2}\right) x_{3} x_{4}=4 a\left(x_{1}-x_{2}\right)\left(x_{1}+x_{2}\right)^{2} .
$$

A similar procedure with $\partial P / \partial x_{3}$ and $\partial P / \partial x_{4}$ gives

$$
\left(x_{3}-x_{4}\right) x_{1} x_{2}=4 b\left(x_{3}-x_{4}\right)\left(x_{3}+x_{4}\right)^{2} .
$$

Hence there are four possible situations at a local extremum:
(1) $x_{1}=x_{2}, x_{3}=x_{4}$
(2) $x_{1}=x_{2}, x_{1} x_{2}=4 b\left(x_{3}+x_{4}\right)^{2}$
(3) $x_{3}=x_{4}, x_{3} x_{4}=4 a\left(x_{1}+x_{2}\right)^{2}$
(4) $x_{3} x_{4}=4 a\left(x_{1}+x_{2}\right)^{2}, x_{1} x_{2}=4 b\left(x_{3}+x_{4}\right)^{2}$.

Case (1). Here $P(\mathbf{x})=x_{1} x_{2} x_{3} x_{4}$ and we already know that $|P(\mathbf{x})|$ $\leqslant 4^{-4}$ under the given conditions.

Case (2). Here

$$
\begin{aligned}
P(\mathbf{x}) & =x_{1} x_{2} x_{3} x_{4}+b\left(x_{3}^{2}-x_{4}^{2}\right)^{2} \\
& =4 b x_{3} x_{4}\left(x_{3}+x_{4}\right)^{2}+b\left(x_{3}-x_{4}\right)^{2}\left(x_{3}+x_{4}\right)^{2} \\
& =b\left(x_{3}+x_{4}\right)^{4}
\end{aligned}
$$

and so it is easy to see that $|P(\mathbf{x})| \leqslant 4^{-4}$ under the given conditions.
Case (3) is analogous to Case 2.
Case (4). At a local extremum of this type, we have $a\left(x_{1}^{2}-x_{2}^{2}\right)^{2}=$ $\frac{1}{4} x_{3} x_{4}\left(x_{1}-x_{2}\right)^{2}$ and $b\left(x_{3}^{2}-x_{4}^{2}\right)^{2}=\frac{1}{4} x_{1} x_{2}\left(x_{3}-x_{4}\right)^{2}$, and so at these points the value of $P$ agrees with the value of $Q$, where

$$
\begin{aligned}
Q(\mathbf{x}) & :=x_{1} x_{2} x_{3} x_{4}+\frac{1}{4} x_{1} x_{2}\left(x_{3}-x_{4}\right)^{2}+\frac{1}{4} x_{3} x_{4}\left(x_{1}-x_{2}\right)^{2} \\
& =\frac{1}{4} x_{1} x_{2}\left(x_{3}^{2}+x_{4}^{2}\right)+\frac{1}{4} x_{3} x_{4}\left(x_{1}^{2}+x_{2}^{2}\right)=\frac{1}{4}\left(x_{1} x_{3}+x_{2} x_{4}\right)\left(x_{1} x_{4}+x_{2} x_{3}\right) .
\end{aligned}
$$

Notice that when $x_{1}+x_{2}+x_{3}+x_{4}=1$ and each $x_{i}>0$,

$$
\begin{aligned}
0<Q(\mathbf{x}) & \leqslant \frac{1}{4}\left[\frac{\left(x_{1} x_{3}+x_{2} x_{4}\right)+\left(x_{1} x_{4}+x_{2} x_{3}\right)}{2}\right]^{2}=\frac{1}{4^{2}}\left(x_{1}+x_{2}\right)^{2}\left(x_{3}+x_{4}\right)^{2} \\
& \leqslant \max _{0 \leqslant t \leqslant 1} t^{2}(1-t)^{2} / 4^{2}=4^{-4} .
\end{aligned}
$$

Consequently, no local extremum of $P$ in this region has absolute value greater than $4^{-4}$.

The proof is complete.
Remark. If $P(\mathbf{x})=x_{1} x_{2} x_{3} x_{4}+a\left(x_{1}^{2}-x_{2}^{2}\right)^{2}+b\left(x_{3}^{2}-x_{4}^{2}\right)^{2}$, then $P\left(\mathbf{e}_{1}\right)=a$ and $P\left(\mathbf{e}_{3}\right)=b$. Consequently $P \in \mathscr{E}_{4}$ if and only if $|a| \leqslant 4^{-4}$ and $|b| \leqslant 4^{-4}$.

The structure of $\mathscr{E}_{m}$ gets increasingly complicated as $m$ increases. For example, using techniques similar to those in the proof of Theorem 9, it can be shown that the polynomial

$$
P(\mathbf{x})=x_{1} \cdots x_{2 k}+a\left(x_{1}^{2}-x_{2}^{2}\right)^{k}
$$

is in $\mathscr{E}_{2 k}$ when $|a| \leqslant(2 k)^{-2 k}$. In a more general vein, if $m=m_{1}+m_{2}$, elements of $\mathscr{E}_{m_{1}}$ and $\mathscr{E}_{m_{2}}$ can be used to produce elements of $\mathscr{E}_{m}$.

Proposition 11. Let $P \in \mathscr{E}_{m_{1}}$ and $Q \in \mathscr{E}_{m_{2}}$. Then the $\left(m_{1}+m_{2}\right)$-homogeneous polynomial $R: \ell_{1}^{m_{1}+m_{2}} \rightarrow \mathbb{R}$ given by

$$
R\left(x_{1}, \ldots, x_{m_{1}+m_{2}}\right)=P\left(x_{1}, \ldots, x_{m_{1}}\right) \cdot Q\left(x_{m_{1}+1}, \ldots, x_{m_{2}}\right)
$$

is in $\mathscr{E}_{m_{1}+m_{2}}$.
Proof. $\quad R$ certainly satisfies condition (i) of the definition of $\mathscr{E}_{m_{1}+m_{2}}$. To check conditions (ii) and (iii), first note that if $\sum_{1 \leqslant i \leqslant m_{1}+m_{2}}\left|x_{i}\right|=1$ and $\sum_{1 \leqslant i \leqslant m_{1}}\left|x_{i}\right|=t$, then

$$
\left|R\left(x_{1}, \ldots, x_{m_{1}+m_{2}}\right)\right| \leqslant t^{m_{1}}\|P\|(1-t)^{m_{2}}\|Q\| .
$$

Elementary calculus shows that for $0 \leqslant t \leqslant 1$,

$$
t^{m_{1}}(1-t)^{m_{2}} \leqslant\left(\frac{m_{1}}{m_{1}+m_{2}}\right)^{m_{1}}\left(\frac{m_{2}}{m_{1}+m_{2}}\right)^{m_{2}}
$$

with the maximum being achieved at $t=m_{1} /\left(m_{1}+m_{2}\right)$. Plugging in the values of $\|P\|$ and $\|Q\|$, we find that

$$
\|R\| \leqslant \frac{1}{\left(m_{1}+m_{2}\right)^{m_{1}+m_{2}}} .
$$

Evidently $\check{R}\left(\mathbf{e}_{1}, \ldots, \mathbf{e}_{m_{1}+m_{2}}\right)=1 /\left(m_{1}+m_{2}\right)!$, and since

$$
\|\check{R}\| \leqslant \frac{\left(m_{1}+m_{2}\right)^{m_{1}+m_{2}}}{\left(m_{1}+m_{2}\right)!}\|R\| \leqslant \frac{1}{\left(m_{1}+m_{2}\right)!}
$$

it follows that $\|\check{R}\|=1 /\left(m_{1}+m_{2}\right)$ !. So condition (iii) is satisfied, But then the above inequalities are equalities. In particular $\|R\|=\left(m_{1}+m_{2}\right)^{-\left(m_{1}+m_{2}\right)}$, and so condition (ii) also holds for $R$.

Corollary 12. Let $m>4$. If $\left|\gamma_{i j}\right| \leqslant(1 / 3)\left(1 / 4^{4}\right)(1 \leqslant i<j \leqslant m)$, then

$$
P(\mathbf{x})=\left(x_{1} x_{2} x_{3} x_{4}+\sum_{1 \leqslant i<j \leqslant 4} \gamma_{i j}\left(x_{i}^{2}-x_{j}^{2}\right)^{2}\right) x_{5} \cdots x_{m}
$$

is in $\mathscr{E}_{m}$.

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